



BERRIEN COUNTY CANCER SERVICE NEWSLETTER

www.bccancerservice.org

In honor of the committed service of
Olove Colcord, R.N.

THE MISSION OF THE BERRIEN COUNTY CANCER SERVICE:

To provide compassionate in home skilled nursing care
and supportive resources for those affected by cancer or
related illnesses in Southwest Michigan.

August 2018

(269) 429-3281

VOLUME XXV

ISSUE VIII

The **BERRIEN COUNTY CANCER SUPPORT GROUP**
is a group of patients, family members and care givers. Come
share successes, feelings, fears and practical methods of coping
with the physical and emotional aspects of living with
the diagnosis of cancer.



In Good Old Summer Time

“There’s a time each year
that we always hold dear,
Good old summer time;

With the birds and the trees
and sweet scented breezes,
Good old summer time;

When your day is over
then you are in clover,
and life is one beautiful rhyme,
no trouble annoying,
each is enjoying
the good ole summer time.”

Lyrics by Ron Shields



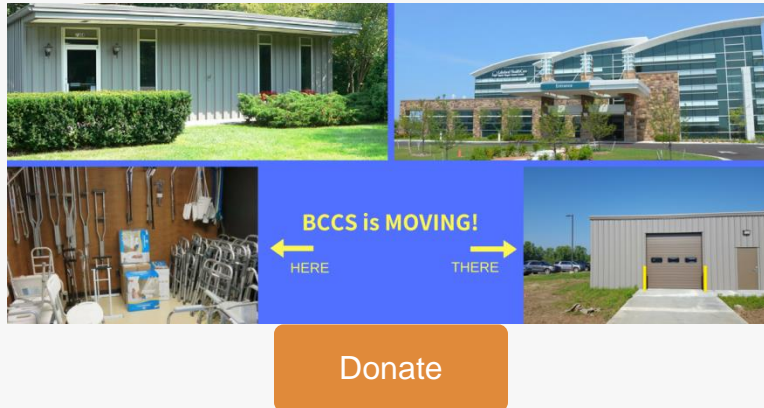
United Way
of Southwest Michigan

BCCS Bulletin Board

BREAKING NEWS!!! WE ARE RELOCATING!

Look for us at the Marie Yeager Cancer Center in late August 2018. Our planning date for moving is August 24th, however if you are needing our services close to that date, please give us a call at 269-429-3281 to confirm our location. We will remain Berrien County Cancer Service and will still offer the same great services to our community. This move will increase awareness of our services and meet more patient needs.

JOIN US IN MAKING THIS MOVE A REALITY BY DONATING!



Thank You To All of our Wonderful Supporters!

It is YOU our community that enables us to care for those with cancer and related illnesses in our community. We are grateful for all the support and are honored that you trust us to do our best to provide in home skilled nursing and supportive resources to care for our patients and those who need our assistance. Recent STAR GIVERS include:

Brentwood at Niles - Gourmet Hot Dog Fundraiser
Peace Lutheran Church - Paul Todd and Paul Todd Jr. Concert
Corvette Central Community Angels Network Fund - Donation
Milano's Pizza - Gold Outing



BERRIEN COUNTY YOUTH FAIR

Come visit us at the Berrien county Youth Fair! We will be at Commercial Building 35, Booth 60 on Wednesday, August 15th from 4:00-10:00 pm. So while you are enjoying your korn dogs, cotton candy, the chickens, sheep, horses, and the many other delights of the fair, stop by and say "Hi!" to us. We have a few slots for volunteers to join us in passing out our brochures and explaining our services, so give us a call at 269-429-3281 if you would like to join us.

BCCS Bulletin Board (con't)

Grab your pompoms and join the fun at the St. Joseph High School varsity football game at Dickinson Stadium on Friday, September 28th. This will be an exciting game for the St. Joe Bears vs. the Portage Central Mustangs. Food vendors, a survivor walk, memory ribbon formed on the field post-game, cancer resource information tables and a pink football jersey exchange for the sponsors will highlight the evening festivities. **To find out how you can order a Football Jersey or event T-shirt, please call Nancy at 269-429-3281.** All proceeds will go to assist local cancer patients in SW Michigan and will be distributed to the Berrien County Cancer Service and Marie Yeager Cancer Center. More information to follow in next month's newsletter or visit our Facebook page and website: www.bccancerservice.org.

"TEAM UP AGAINST CANCER"



ART PLAY WORKSHOPS



These workshops are designed for families impacted by cancer and are designed for children and adults to learn side-by-side as they express themselves through art. If you know of any children who have a family member or close friend with cancer or are a stable pediatric cancer patient, please have them call 269-429-3281 or visit our website: www.bccancerservice.org or our FB page: Berrien County Cancer Service, Inc.

Thursday – August 9th and September 13th at Marie Yeager Cancer Center from 5:30-7:00 pm

Monday – August 13th and September 10th at Buchanan Art Center from 4:30-5:30 pm

August is Pediatric Cancer Awareness Month

About 70,000 young people (ages 15-39) are diagnosed with cancer each year in the United States—accounting for about 5 percent of the cancer diagnoses in the United States. This is about six times the number of cancers diagnosed in children ages 0-14.

Young adults are more likely than either younger children or older adults to be diagnosed with certain cancers, such as Hodgkin lymphoma, testicular cancer, and sarcomas. However, the incidence of specific cancer types varies according to age. Leukemia, lymphoma, testicular cancer, and thyroid cancer are the most common cancers among 15-24 year olds. Among 25-39 year olds, breast cancer and melanoma are the most common.

Evidence suggests that some cancers in adolescents and young adults may have unique genetic and biological features. Researchers are working to learn more about the biology of cancers in young adults so that they can identify molecularly targeted therapies that may be effective in these cancers.

The most common cancers in adolescents and young adults (AYAs) are:

- Brain and other Central Nervous Systems Tumors
- Breast
- Cervical
- Colorectal Germ Cell Tumors
- Leukemia
- Liver
- Lymphoma
- Melanoma
- Sarcomas
- Testicular
- Thyroid

Cancer is the leading cause of disease-related death in the AYA population. Among AYAs, only accidents, suicide, and homicide claimed more lives than cancer in 2011.

Coping and Support

Cancer can create a sense of isolation from your friends and family, who may not understand what you are going through. As a young adult, you may feel like you are losing your independence at a time when you were just starting to gain it. Perhaps you just began college, landed a job, or started a family. A cancer diagnosis puts most people on a rollercoaster of emotions. Because cancer is relatively rare in young adults, you may encounter few patients your age. Moreover, treatment may require hospitalization far from home which can lead to emotional isolation. A desire for normalcy may keep you from sharing your cancer experience with your healthy peers, adding to a sense of isolation.

However, you are not alone. Cancer is treated by a team of experts who address not only the disease but also your emotional and psychological needs. Some hospitals offer comprehensive support programs. Support can come in many forms, including counseling, retreats sponsored by organizations that serve young adults with cancer, and support groups. This support can relieve feelings of isolation and help restore a sense of normalcy.

Young people with cancer say it's especially helpful to connect with other young people who can offer insights based on their own experiences with cancer.

After Treatment

For many young people, the completion of treatment is something to celebrate. However, this time may also bring new challenges. You may worry that cancer will return or struggle to get used to new routines. Some young people enter this new phase feeling stronger, whereas others are more fragile. Most young people say the transition after treatment took longer and was more challenging than they anticipated. While most of the side effects that you had during treatment will go away, long-term side effects, such as fatigue, may take time to go away. Other side effects, called late effects, may not occur until months or even years after treatment.

Although follow-up care is important for all survivors, it is especially important for young adults. These check-ups can both reassure you and help to prevent and/or treat medical and psychological problems. Some young adults receive follow-up care at the hospital where they were treated, and others see specialists at late effect clinics. Talk with your health care team to learn what follow-up care you should receive and about possible places to receive it.

Types of Cancer in Children

In the United States in 2017, an estimated 10,270 new cases of cancer will be diagnosed among children from birth to 14 years, and about 1,190 children are expected to die from the disease. Although pediatric cancer death rates have declined by nearly 70 percent over the past four decades, cancer remains the leading cause of death from disease among children. The most common types of cancer diagnose in children ages 0 – 14 are leukemia, brain and other central nervous system tumors, and lymphomas.

Treating Childhood Cancer

Children's cancers are not always treated like adult cancers. Pediatric oncology is a medical specialty focused on the care of children with cancer. It's important to know that this expertise exists and that there are effective treatments for many childhood cancers.

Adapted from: NCI.gov



In Loving Memory

During June 2018, Memorial Donations were generously made by and for the following people:

In Memory of Ruth Caldwell

Stephen & Karen Dye, Stevensville
James & Dawn Lamson, Niles
Joyce Harte, Sodus
Doreen & Mike Waterhouse, Eaton Rapids
Richard & Julianne Hoge, St. Joseph

In Memory of Linda Chapman

The Sundblad Family, Stevensville

In Memory of Rick Ledesma

Seventh-Day Adventist Church,
Lake Forest, Apopka FL

In Memory of Gregory Longpre

Glen & Pam Greiffendorf, Baroda
Terry & Sylvia Etter, St. Joseph
Richard & Cathy Bonnett, Baroda
Janice Jewell, Stevensville
Djera & Jack Mucia, Benton Harbor
Sally McWhirter, St. Joseph
Lori & Jeffery Anderson, Watervliet
Mary Elizabeth Meier, Benton Harbor
Gregory & Andrea Szczotka, St. Joseph
Bruce & Susan Bittenbender, St. Joseph
Paul & Barbara Sprung, Berrien Springs
James & Barbara Sanford, Stevensville
Linda Korrell, Benton Harbor
Karol & Jack Banyon, Benton harbor
Joyce & Leroy Zeilke, St. Joseph
Catherine Taber, Benton Harbor
Gus & Judy Hinkelman, St. Joseph
Madelon & Andy Diskson, Springville TN
Joann Parrish, Berrien Springs
Marilyn Nelson, Stevensville

In Memory of Gregory Longpre (con't)

Jan Lane, St. Joseph
Don & Joyce Baom, St. Joseph
Brad Johnson, Stevensville
Anna Garlanger & Family, Stevensville
Mike & Donna Howley, Benton Harbor
Jo Reeves, Coloma
Paul & Judith Koepke, Goshen IN
Barbara Lovellette, St. Joseph
Laurie Johnson Kelly, Stevensville
Denny & Marianne Stover, Edmond OK
Theresa Meador, Canton
Catherine Latulip, Canton
Michael & Claudia Hanley, St. Joseph
Denny & Susan Dock, Stevensville
Richard Stauffer, St. Joseph
Karen & Carl Bixby, St. Joseph
Nancy Calay, Niles
Mili & Roy Hamblen, Bigfork MT
Gale & James Horton, Stevensville
Keith & Mary Jane Carr, Stevensville
Cynthia Vince, Fort Wayne IN
Joan Aalfs, St. Joseph
Barbara & John Cheevers, Benton Harbor
Kenneth & Bonnie McKeown, St. Joseph
Rolyn (Ronnie) Kahl, St. Joseph
Raymond & Lizbeth Darato, St. Joseph
William & Linda Scaletta, Stevensville
Constance & Robert Grashorn, St. Joseph
Richard & Lizabeth Renken, Fairborn OH

In Memory of Vicki Vitale

Cindy Krueger, Coloma
Donavie Sipla Family, Coloma
Sue & Jim Barricklow, Stevensville
Pat Snow, Coloma

Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors. Your donations are very much appreciated and will help cancer patients in Berrien County. Thank you.

Thought for the Day

No One is rich enough to do without a neighbor.

Looking Ahead

BCCS SUPPORT GROUP – Stevensville

August 7 – 1:30 pm
September 4 – 1:30 pm

BCCS SUPPORT GROUP – Niles

August 21 – 1:30 pm
September 18 – 1:30 pm

RAINBOWS OF HOPE– St. Joseph

Marie Yeager Cancer Center
August 9 – 5:30 pm
September 13 – 5:30 pm

CHILD & FAMILY SUPPORT GROUP

Art Play Workshop

2nd Thursday at Marie Yeager Cancer Center
2nd Monday at the Buchanan Art Center
Visit www.bccancerservice.org or call
BCCS at 269-429-3281 for details

OSTOMY SUPPORT GROUP

Lakeland Regional Medical Center
August 9 – 6:00 pm
September 13 – 6:00 pm

DATES TO REMEMBER IN AUGUST 2018

August 1 – World Beard Day
August 3 – LABOR DAY
August 5 – Be Late For Something Day
August 7 – Grandma Moses Day
August 8 – Pediatric Hematology/Oncology
Nurses Day
August 13 – International Chocolate Day
August 14 – Stand Up to Cancer Day
August 17 – Respect of the Aged Day
August 20 – National String Cheese Day
August 21 – International Day of Peace
August 22 – Ice Cream Cone Day
August 24 – Blue Bird of Happiness Day
August 26 – Johnny Appleseed Day
August 28 – Ask a Stupid Question Day
August 29 – World Heart Day

Newsletters available online

Our newsletters are available on our website:
www.bccancerservice.org. If you would like to
be removed from this mailing list, please call our
office at 269-429-3281 or send us an e-mail:
staff@bccancerservice.org.

Please Consider...

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by United Way, private donations and fund-raisers. We receive no Medicare, Medicaid or other insurance payments. To continue our free services to Berrien County cancer patients, we need your help. Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget. Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed. Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

___ General Fund ___ Endowment Fund

Your Name _____

Your Address _____

City/State/Zip _____

Donation Amount \$ _____

OR

In Memory of _____

Please send notification of my gift to:

Name _____

Address _____

City/State/Zip _____

**Thank you for your
generosity!**

BERRIEN COUNTY CANCER SERVICE, INC. - BOARD OF DIRECTORS:

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*Dr. Sapna Patel
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Connie Demler, R.N.
Debra Hansen, R.N.

Susan Lerke, R.N.
Kimberly Penney, R.N.

OFFICE STAFF:

Claudia Brister.....Office Manager
Henrietta Hein.....Office Clerk
Sarah Rodgers.....Admin Assistant

CANCER SUPPORT GROUP – Stevensville Office
1st Tuesday of each month - 1:30 p.m.
Berrien County Cancer Service, Inc.
7301 Red Arrow Highway
Stevensville, MI 49127
Phone: (269) 429-3281 or (269) 465-5257

CANCER SUPPORT GROUP – Niles
3rd Tuesday of each month – 1:30 p.m.
Niles Senior Center
1109 Bell Road
Niles, MI 49120
Phone: (269) 429-3281

RAINBOWS OF HOPE GROUP- St. Joseph
2nd Thursday of each month – 5:30 p.m.
Marie Yeager Cancer Center
Ward and Kinney Room
3900 Hollywood Road
St. Joseph, MI 49085
Phone: (269) 556-7114

OSTOMY SUPPORT GROUP
2nd Thursday of each month – 6:00 p.m.
Lakeland Regional Medical Center
Community Room
1234 Napier Ave.
St. Joseph, MI 49085
Phone: (269) 983-8804