

BERRIEN COUNTY CANCER SERVICE NEWSLETTER

www.bccancerservice.org

In honor of the committed service of Olove Colcord, R.N.

THE MISSION OF THE BERRIEN COUNTY CANCER SERVICE:

To provide compassionate in home skilled nursing care
and supportive resources for those affected by cancer
or related illnesses in Southwest Michigan.



July 2018

(269) 429-3281

VOLUME XXV

ISSUE VII

The **BERRIEN COUNTY CANCER SUPPORT GROUP**
is a group for patients, family members and care givers. Come
share successes, feelings, fears and practical methods of coping
with the physical and emotional aspects of living with
the diagnosis of cancer.



Happy Fourth of July!!!!

**Comes the 4th, a holiday
parades and picnics too,
and fireworks up in the sky
a backyard bar-b-cue!**

**But don't forget what this is for
how freedom came our way,
salute the flag, and bless us all
on Independence Day!**

Author, Edna Medley



BCCS Bulletin Board

BREAKING NEWS!!! WE ARE RELOCATING!

Look for us at the Marie Yeager Cancer Center in late August 2018. We will remain Berrien County Cancer Service and will still offer the same great services to our community. This will increase awareness of our services and meet more patient needs. More information to follow next month.

PENNIES FOR PATIENTS

A HUGE THANK YOU!!!! To everyone who participated in our Pennies for Patients Day. Our total was a whopping **\$22,322.37!** We appreciate everyone who participated and saved their pennies, nickels, dimes, quarters, and dollars. It is not too early to start collecting for next year. Remember, all the proceeds stay local to help those with cancer and related illnesses in our community. We appreciate this community who enables us to provide nursing care to those who need help and support but are not eligible for an in home nursing service. We have often heard our patients say, "I don't know what I would do without you". **YOU MAKE A DIFFERENCE!**



Brentwood Hot Dog Fundraiser

HUNGRY? BRENTWOOD AT NILES HAS AN AMAZING LUNCH FOR YOU! Bring your appetite for gourmet hot dogs from 11am-3pm on Tuesday, July 24 to Brentwood at Niles (1147 S. 3rd Street, Niles). The cost is only \$5 for a gourmet hot dog with all the fixings, chips, dessert, and a drink. We appreciate Jennifer Andrews and Stephanie Lisenko who have a commitment to sponsor events for local nonprofit agencies like the Berrien County Cancer Service, Inc. Our founding nurse, Olove Colcord, would be so proud of Brentwood! Not only was Olove from Niles, but she also was a resident at Brentwood for several years.



Enjoy the Concert at Peace Lutheran Church!

Come enjoy Paul Todd and Paul Todd Jr. as they entertain, inspire, and bring excitement to every show as they perform a combination of classical, gospel, Broadway, Swing, pop and more! The proceeds for this inspirational concert at Peace Lutheran Church will benefit BCCS and the services we provide. Join us on Thursday, July 19 at 7:00 p.m. at Peace Lutheran Church, 3590 Lincoln Avenue, St. Joseph. Tickets are \$20 and are available through the church office; more information can be obtained by calling 269-313-0190. Enjoy the evening and bring a friend!



"TEAM UP AGAINST CANCER"

Grab your pompoms and join the fun at the St. Joseph High School varsity football game at Dickinson Stadium on Friday, September 28. This will be an exciting game for the St. Joe Bears vs. the Portage Central Mustangs. Food vendors, a survivor walk, memory ribbon formed on the field post-game, cancer resource information tables and a pink football jersey exchange for the sponsors will highlight the evening festivities. **To find out how you can order a Football Jersey or event T-shirt, please call Nancy at 269-429-3281.** All proceeds will go to assist local cancer patients in SW Michigan and will be distributed to the Berrien County Cancer Service and Marie Yeager Cancer Center. More information to follow in next month's newsletter or visit our Facebook page and website: www.bccancerservice.org.



July is Sarcoma Awareness Month

In July the nation supports Sarcoma Awareness Month. Sarcoma is a rare group of malignant tumors found in the soft tissue and bone, accounting for one percent of all cancer diagnoses. Although incidence is relatively low compared to other cancers, it is still more commonly found in adolescents and young adults. Among children under the age of 20, about five children out of every million will be diagnosed with sarcoma every year.

Among other cancers where incidence is significantly lower than more common cancers (but its impact on patients' lives equally as deadly) are head and neck cancer and multiple myeloma, to name a couple.

A type of cancer that begins in bone or in soft tissues of the body including cartilage, fat, muscle, blood vessels, fibrous tissue or other connective or supportive tissue.

Kaposi sarcoma is a disease in which malignant tumors {cancer} can form in the skin, mucous membranes, lymph nodes, and other organs.

Kaposi sarcoma is a cancer that causes lesions (abnormal tissue) to grow in the skin; the mucous membranes lining the mouth, nose and throat; lymph nodes; or other organs. The lesions are usually purple and are made of cancer cells, new blood vessels, red blood cells, and white blood cells. Kaposi sarcoma is different from other cancers in that lesions may begin in more than one place in the body at the same time.

Tests that examine the skin, lungs and gastrointestinal tract are used to detect and diagnose Kaposi sarcoma.

The following tests and procedures may be used:

- Physical exam and history: an exam of the body to check general signs of health, including checking skin and lymph nodes for signs of disease, such as lumps or anything else that seems unusual. A history of the patient's health habits and past illnesses and treatments will also be taken.
- Chest x-ray; A x-ray of the organs and bones inside the chest. A x-ray is a type of energy beam that can go through the body and onto film, making a picture of areas inside the body. This is used to find Kaposi sarcoma in the lungs.

- Biopsy: The removal of cells or tissues so they can be viewed under a microscope by a pathologist to check for signs of cancer.

Certain factors affect prognosis (chance of recovery) and treatment options which depend on the following.

- The type of Kaposi sarcoma
- The general health of the patient, especially the patient's immune system
- Whether the cancer has just been diagnosed or has recurred

Key Points about Kaposi Sarcoma

- Kaposi sarcoma is a disease in which malignant tumors can form in the skin, mucous membranes, lymph nodes and other organs.
- Tests that examine the skin, lungs, and gastrointestinal tract are used to detect and diagnose Kaposi sarcoma
- After Kaposi sarcoma has been diagnosed, tests are done to find out if cancer cells have spread to other parts of the body
- Certain factors affect prognosis and treatment options

Signs of classic Kaposi sarcoma may include slow-growing lesions on the legs and feet.

Patients may have one or more red, purple, or brown skin lesions on the legs and feet, most often on the ankles or soles of the feet. Over time, lesions may form in other parts of the body, such as the stomach, intestines or lymph nodes. The lesions usually don't cause any symptoms, but may grow in size and number over a period of 10 years or more. Pressure from the lesions may block the flow of lymph and blood in the legs and cause painful swelling. Lesions in the digestive tract may cause gastrointestinal bleeding.

Another cancer may develop

Some patients with classic Kaposi sarcoma may develop another type of cancer before the Kaposi sarcoma lesions appear or later in life. Most often, this second cancer is non-Hodgkin lymphoma. Frequent follow-up is needed to watch for these second cancers.

Adapted from: cancer.org

In Loving Memory

During May 2018, Memorial Donations were generously made by and for the following people:

In Memory of Gertrude Berndt

Loren Berndt, Bridgman

In Memory of Cindy Clausen

Richard & Rosalia Coffin, Green Valley AZ

Dennis Clausen, Rapid River

Marvin & Judy Anderson, Diamondale

Gerrie Zimmerle, Berrien Center

Ben & Debbie Clausen, Yucapa CA

Loren & Carolyn Clausen, Libby

Polly & Ken Osborne, East Pointe

In Memory of Alice Davis

Dolores & Jeanette Fester, Benton Harbor

In Memory of Kim Guzicki

Horizon Bank, Michigan City IN

In Memory Gregory "Greg" Longpre

Mary Etta Yoder, Sarasota FL

Pauline Yost, Stevensville

Laura Funk, Goshen IN

Joyce Stockman, St. Joseph

John & Sharon Maurer, Brooklyn

Dennis & Linda Maurer, Michigan Center

Jeffery Maurer, Jackson

Avfuel Corporation, Ann Arbor

In Memory of JoAnne Poole

Jean Mathieu, Bridgman

In Memory of Rhonda Ann Short

Carolyn Corteville, Benton Harbor

Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors. Your donations are very much appreciated and will help cancer patients in Berrien County. Thank you.



ART PLAY WORKSHOPS

Thursday – July 12th and August 9th at Marie Yeager Cancer Center from 5:30-7:00 pm

Monday – July 9th and August 13th at Buchanan Art Center from 4:30-5:30 pm

These workshops are designed for families impacted by cancer and are designed for children and adults to learn side-by-side as they express themselves through art. If you know of any children who have a family member or close friend with cancer or are a stable pediatric cancer patient, please have them call 269-429-3281 or visit our website: www.bccancerservice.org or our FB page: Berrien County Cancer Service, Inc.

Thought for the Day

What lies behind us and
what lies before us are tiny matters
compared to what lies within us.

Ralph Waldo Emerson



Looking Ahead

BCCS SUPPORT GROUP – Stevensville

July 3 – 1:30 pm
August 7 – 1:30 pm

BCCS SUPPORT GROUP – Niles

July 17 – 1:30 pm
August 21 – 1:30 pm

RAINBOWS OF HOPE– St. Joseph

Marie Yeager Cancer Center
July 12 – 5:30 pm
August 9 – 5:30 pm

CHILD & FAMILY SUPPORT GROUP

Art Play Workshop

2nd Thursday at Marie Yeager Cancer Center
2nd Monday at the Buchanan Art Center
Visit www.bccancerservice.org or call
BCCS at 269-429-3281 for details

OSTOMY SUPPORT GROUP

Lakeland Regional Medical Center
July 12 – 6:00 pm
August 9 – 6:00 pm

DATES TO REMEMBER IN JULY 2018

July 1 – Second Half of Year Day
July 4 – INDEPENDENCE DAY
July 7 – Global Forgiveness Day
July 9 – National Bra Day
July – 11 Cheer Up the Lonely Day
July 14 – National Macaroni & Cheese Day
July 16 – National Get Out of the Doghouse Day
July 19 – National Hot Dog Day
July 21 – Strawberry Rhubarb Wine Day
July 23 – Gorgeous Grandma Day
July 25 – Hire a Veteran Day
July 27 – Systems Administrator Appreciation Day
July 29 – National Chicken Wing Day
July 31 – National Mutt Day

Newsletters available online

Our newsletters are available on our website:
www.bccancerservice.org. If you would like to be
removed from this mailing list, please call our office
at 269-429-3281 or send us an e-mail:
staff@bccancerservice.org.

Please Consider...

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by United Way, private donations and fund-raisers. We receive no Medicare, Medicaid or other insurance payments. To continue our free services to Berrien County cancer patients, we need your help. Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget. Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed. Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

_____ General Fund _____ Endowment Fund

Your Name _____

Your Address _____

City/State/Zip _____

Donation Amount \$ _____

OR

In Memory of _____

Please send notification of my gift to:

Name _____

Address _____

City/State/Zip _____

**Thank you for your
generosity!**

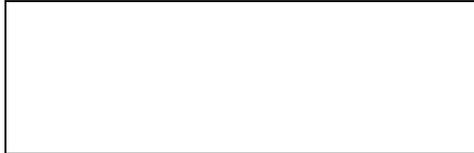
Berrien County Cancer Service, Inc.
7301 Red Arrow Highway
Stevensville, MI 49127

RETURN SERVICE REQUESTED

JOIN THE NEWSLETTER VIA EMAIL

Help us save postage, call 269-429-3281
or email us at staff@bccancerservice.org.
If you are not reading the newsletter, you
may contact us to be removed also. We
value our readers & hope you enjoy it.

NONPROFIT ORGANIZATION
U.S. POSTAGE PAID
STEVENSVILLE, MI
PERMIT NO. 129



BERRIEN COUNTY CANCER SERVICE, INC. - BOARD OF DIRECTORS:

Dr. Melinda Gruber	Chairperson	Tim Brown	*Peter Lai	*Dr. Edmund Paloyan
Dr. Gerald Kozuh	Vice Chairperson	*Dr. Fred Busse	*Barbara Lane R.N.	*Dr. Sapna Patel
Joseph Dick	Treasurer	Sharon Hainer	*Dr. Eric Lester	Jolita Allene Smith
Nancy Gothberg	Secretary	Darlene Hawkins	Mike Levi	
Joshua Simons	Executive Comm.	*Dr. Betty Koshy	*Hannah Noble	

*Indicates Emeritus Members

NURSING STAFF:

Nancy Church, R.N.	Executive Director	Susan Lerke, R.N.
Connie Demler, R.N.		Kimberly Penney, R.N.
Debra Hansen, R.N.		

OFFICE STAFF:

Claudia Brister	Office Manager
Sarah Rodgers	Admin Assistant
Henrietta Hein	Office Clerk

CANCER SUPPORT GROUP – Stevensville Office

1st Tuesday of each month - 1:30 p.m.

Berrien County Cancer Service, Inc.

7301 Red Arrow Highway

Stevensville, MI 49127

Phone: (269) 429-3281 or (269) 465-5257

RAINBOWS OF HOPE GROUP- St. Joseph

2nd Thursday of each month – 5:30 p.m.

Marie Yeager Cancer Center

Ward and Kinney Room

3900 Hollywood Road

St. Joseph, MI 49085

Phone: (269) 556-7114

CANCER SUPPORT GROUP – Niles

3rd Tuesday of each month – 1:30 p.m.

Niles Senior Center

1109 Bell Road

Niles, MI 49120

Phone: (269) 429-3281

OSTOMY SUPPORT GROUP

2nd Thursday of each month – 6:00 p.m.

Lakeland Regional Medical Center

Community Room

1234 Napier Ave.

St. Joseph, MI 49085

Phone: (269) 983-8804