

BERRIEN COUNTY CANCER SERVICE NEWSLETTER

www.bccancerservice.org

In honor of the committed service of Olove Colcord, R.N.

THE MISSION OF THE BERRIEN COUNTY CANCER SERVICE:

To provide compassionate in home skilled nursing care
and supportive resources for those affected by cancer
or related illnesses in Southwest Michigan.



September 2015

(269) 429-3281

VOLUME XXIII

ISSUE IX

The BERRIEN COUNTY CANCER SUPPORT GROUP

is a group for patients, family members and care givers. Come share successes, feelings, fears and practical methods of coping with the physical and emotional aspects of living with the diagnosis of cancer.

Children in the Sun



Run, run, my little ones,
Under the golden sun.

Let your spirits like eagles soar,
Let your laughter like lions roar.



Sing a song so joyous and strong,
Borne on the wind the whole day long.

Dance and play on this glad day,
Here no troubles will come your way.

Like the sunrise we'll pretend,
That this day will never end.

Dreams we'll share together here,
Later pursue them without fear.

Run, run, my little ones.
Under God's golden sun.

Sondra Pohlmann Harrold



United Way
of Southwest Michigan

BCCS Bulletin Board



Plans for the Bike Ride and New 5K Fun Run/Walk

Our 20th Annual Bike Ride will be taking a different course this year. Instead of being held the 4th Sunday in June, **we will be hitting the roads on Sunday, September 13, 2015 starting at 7:30 a.m.** This is to highlight Pediatric Oncology Month in September as this past year has seen a great increase in our service to children. We are also expanding the event so that we can celebrate survivorship with our patients, cancer survivors, and the community as well as take time to remember those we love who have passed. **This will take place on Saturday, Sept. 12 with a 5K Family Fun Run/Walk in Niles.** This event will start with a survivorship program and walking a lap starting at the **Niles-Buchanan YMCA at 3:30 p.m. with the 5K Family Fun Run/Walk starting at 4:00 p.m.** We are excited about the Niles location since the first BCCS nurse, Olove Colcord, was a resident of Niles and was very loved by all who were touched by her. **We hope that you can join us for this meaningful weekend. You may check out our website for additional information at: www.bccancerservice.org**

Art Play

We are excited about a new support program for children ages 5-18 whose lives are affected by cancer. This may be a family member, a close friend, or the child may have cancer. We are teaming up with local artists for art play sessions to allow the children to express their emotions through various art mediums. ***You may find our schedule of classes on our website at bccancerservice.org then look for "Art Play" on the blue ribbon at the top of the page. When you follow that link, you will find a calendar and instructions for how to register online.*** You may also obtain a schedule and register by calling our office at 269-429-3281 and ask for Renee' or Nancy.



Open House/Quilt Raffle



SAVE THE DATE! We will have our annual Open House/Quilt Raffle on **Thursday, October 22 from 10 a.m. to 6 p.m.** We will have a table full of refreshments, so stop by for lunch or come between 5p – 6p when we will have a pizza party! **The quilt raffle will be held after the pizza party at 6:00 p.m.** The tickets are only \$1 each or 6 for \$5. Come by to view the quilt and purchase tickets anytime during our office hours. ***In addition to buying tickets, we are looking for volunteers to sell tickets.*** Call or stop by to pick a packet of tickets up and give your friends, family, social club, etc. the opportunity to win a quilt and help someone with cancer. Remember each ticket is a winner by providing in-home nursing support to the cancer patients of Berrien County.

CANCER SUPPORT GROUP CHANGES

We are changing our support group schedule to once a month in Stevensville and once a month in Niles. Each month on the 1st Tuesday, a support group will meet at our Stevensville office from 1:30pm – 3:00pm at 7301 Red Arrow Highway, Stevensville. The next meeting in Stevensville will be September 1. On the 3rd Tuesday of each month, we will meet at 1:30pm – 3:00pm at the Niles Senior Center, 1109 Bell Road, Niles. The next meeting in Niles will be September 15. There is also the Rainbows of Hope support group that meets the 2nd Tuesday of each month (September 10) at the Marie Yeager Cancer Center. If you have any questions, please call us at 269-429-3281. These are general cancer support groups where anyone who is impacted by cancer is welcome to come.



Childhood Cancers

A cancer diagnosis is upsetting at any age, but especially so when the patient is a child. It's natural to have many questions, such as, Who should treat my child? Will my child get well? What does all of this mean for our family? Not all questions have answers, but the information and resources on this page provide a starting point for understanding the basics of childhood cancer.

Cancer remains the leading cause of death from disease among children. The major types of cancers in children ages 0 to 14 years are acute lymphocytic leukemia (ALL), brain and other central nervous system (CNS) tumors, and neuroblastoma, which are expected to account for more than half of new cases in 2015.

Treating Childhood Cancer

Children's cancers are not always treated like adult cancers. Pediatric oncology is a medical specialty focused on the care of children with cancer. It's important to know that this expertise exists and that there are effective treatments for many childhood cancers.

Where Children with Cancer Are Treated

Children who have cancer are often treated at a children's cancer center, which is a hospital or unit in a hospital that specializes in treating children with cancer. Most children's cancer centers treat patients up to age 20.

The doctors and other health professionals at these centers have special training and expertise to give complete care to children. Specialists at a children's cancer center are likely to include primary care physicians, pediatric medical oncologists/hematologists, pediatric surgical specialists, radiation oncologists, rehabilitation specialists, pediatric nurse specialists, social workers, and psychologists. At these centers, clinical trials are available for most types of cancer that occur in children, and the opportunity to participate in a trial is offered to many patients.

At the National Institutes of Health's Clinical Center in Bethesda, Maryland, NCI's Pediatric Oncology Branch cares for children with cancer. Health professionals and scientists conduct translational research that spans basic science to clinical trials to improve outcomes for children and young adults with cancer and genetic tumor predisposition syndromes.

Types of Treatment

There are many types of cancer treatment. The types of treatment that a child with cancer receives will depend on

the type of cancer and how advanced it is. Common treatments include: surgery, chemotherapy, radiation therapy, immunotherapy, and stem cell transplant. Learn about these and other therapies in our Types of Treatment section.

NCI's PDQ® pediatric treatment cancer information summaries explain treatment options for all children's cancers. The summaries also include information about diagnosing and staging cancer.

Treatment Effects

Children face unique issues during their treatment for cancer, after the completion of treatment, and as survivors of cancer. For example, they may receive more intense treatments, cancer and its treatments have different effects on growing bodies than adult bodies, and they may respond differently to drugs that control symptoms in adults. For more information, see the PDQ® Pediatric Supportive Care summary.

All cancer survivors can develop health problems months or years after cancer treatment, known as late effects. For childhood cancer survivors, late effects are of particular concern because these may last for many years. To learn about factors that may contribute to late effects (both physical and emotional), different types that occur, and ways to manage them, see the PDQ® Late Effects of Treatment for Childhood Cancer summary.

Types of Cancer in Children

In the United States in 2015, an estimated 10,380 new cases of cancer will be diagnosed among children from birth to 14 years, and more than 1,000 children will die from the disease. Although pediatric cancer death rates have declined by nearly 70 percent over the past four decades, inherited mutation (a genetic mutation that can be passed from parents to their children).

Most cancers in children, like those in adults, are thought to develop as a result of mutations in genes that lead to uncontrolled cell growth and eventually cancer. In adults, these gene mutations reflect the cumulative effects of aging and long-term exposure to cancer-causing substances. However, identifying potential environmental causes of childhood cancer has been difficult, partly because cancer in children is rare and partly because it is difficult to determine what children might have been exposed to early in their development.

Via: NCI, National Cancer Institute.gov

In Loving Memory

During July 2015, Memorial Donations were generously made by and for the following people.

In Memory of Mary Ann Cobe

Pat Schrader, St. Joseph
Eletta Selm, Stevensville
Bill Froehlich, Dowagiac
Vernon & Eunice Froehlich, Dowagiac
Bob & Anita Flippo, St. Joseph

In Memory of Darlene Goodrow

Anthony & Carol Dlouhy, Stevensville
Melba Hocutt, Bridgman
Donna McDonald, Duluth MN

In Memory of Arthur Kaeding Jr.

Jean Bowman, Apollp Beach FL
William Gast, Baroda
John & Sandra Ellis, Mishawaka IN
Elizabeth Zilke, Bridgman
Christiana & David Zilke, Bridgman
Chuck & Jean Ferney, Cleveland TN
William Kaeding, Lawrence
Alan & Emily Zilke, Bridgman

In Memory of Arthur Kaeding Jr. (con't)

Kenneth Weber, Stevensville
Rhonda & Jack Kemp, Benton Harbor
Mr & Mrs James Kirk

In Memory of Gloria Pavlides

Hans Hanke, St. Joseph
Jeryl & Laura Schornhorst, St. Joseph

In Memory of Michael Richards

Woodland Shores Baptist Church, Bridgman

In Memory of Beverly Jean Terry

David Power, Pensacola FL
Edward & Delores Yetzke, Stevensville
St. Joseph Fire Fighters Local 167
Jessica Gossard, Findlay OH

In Memory of Ken Thomasson

Ted & Char Krause

Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors.

Your donations are very much appreciated and will help cancer patients in Berrien County. Thank you.

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Kindness in words creates confidence  
Kindness in thinking creates profoundness  
Kindness in giving creates love.  
Lao-tse

## **Ways to contact us:**

**Phone:** 269-429-3281 or 269-465-5257

**Email:** [staff@bccancerservice.org](mailto:staff@bccancerservice.org)

**BCCS Website:** [www.bccancerservice.org](http://www.bccancerservice.org)

**Facebook:** Berrien County Cancer Service, Inc.

## Looking Ahead

### **BCCS SUPPORT GROUP – Stevensville**

September 1 – 1:30 p.m.  
October 6 – 1:30 p.m.

### **BCCS SUPPORT GROUP – Niles**

September 15 – 1:30 p.m.  
October 20 – 1:30 p.m.

### **RAINBOWS OF HOPE– St. Joseph**

Marie Yeager Cancer Center  
September 10 - 5:30 p.m.  
October 8 - 5:30 p.m.

### **Ostomy Support Group**

Lakeland Regional Medical Center  
September 10 – 6:00 p.m.  
October 8 – 6:00 p.m.

#### **DATES TO REMEMBER IN SEPTEMBER 2015**

September 1 – Chicken boy's day  
September 4 – National Wildlife Day  
September 7 – Grandma Moses Day  
September 8 – Pediatric Hematology/Oncology  
Nurses Day  
September 11 – Stand Up to Cancer Day  
September 13 – National Hug Your Hound Day  
September 18 – National Respect Day  
September 21 – World Alzheimer's Day  
September 23 – National Rehabilitation Day  
September 25 – Hug a Vegetarian Day  
September 28 - National Good Neighbor Day  
September 30 – Ask a Stupid Question Day

#### **Newsletters available online and on email**

Our newsletters are available on our website:  
[www.bccancerservice.org](http://www.bccancerservice.org). If you would like to be  
removed from this mailing list, please call our office  
at 269-429-3281 or send us an e-mail:  
[staff@bccancerservice.org](mailto:staff@bccancerservice.org).

## *Please Consider...*

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by the United Way, private donations and fund-raisers. We receive no Medicare, Medicaid or other insurance payments. To continue our free services to Berrien County cancer patients, we need your help. Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget. Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed. Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

\_\_\_\_\_ General Fund    \_\_\_\_\_ Endowment Fund

Your Name \_\_\_\_\_

Your Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Donation Amount \$ \_\_\_\_\_

OR

In Memory of \_\_\_\_\_

Please send notification of my gift to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

*Thank you for your generosity!*

Berrien County Cancer Service, Inc.  
7301 Red Arrow Highway  
Stevensville, MI 49127

RETURN SERVICE REQUESTED

**JOIN THE NEWSLETTER VIA EMAIL**

Help us save postage, call 269-429-3281  
or email us at [staff@bccancerservice.org](mailto:staff@bccancerservice.org).  
If you are not reading the newsletter, you  
may contact us to be removed also. We  
value our readers & hope you enjoy it.

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Reneé Reid-Smith (Community Liaison)

**CANCER SUPPORT GROUP** – Stevensville Office

1<sup>st</sup> Tuesday of each month - 1:30 p.m.  
**Berrien County Cancer Service, Inc.**  
7301 Red Arrow Highway  
Stevensville, MI 49127  
Phone: (269) 429-3281 or (269) 465-5257

**RAINBOWS OF HOPE GROUP- St. Joseph**

2<sup>nd</sup> Thursday of each month – 5:30 p.m.  
**Marie Yeager Cancer Center**  
Ward and Kinney Room  
3900 Hollywood Road  
St. Joseph, MI 49085  
Phone: (269) 556-7114

**CANCER SUPPORT GROUP** – Niles

3<sup>rd</sup> Tuesday of each month – 1:30 p.m.  
**Niles Senior Center**  
1109 Bell Road  
Niles, MI 49120  
Phone: (269) 429-3281

**OSTOMY SUPPORT GROUP**

2<sup>nd</sup> Thursday of each month – 6:00 p.m.  
**Lakeland Regional Medical Center**  
Community Room  
1234 Napier Ave.  
St. Joseph, MI 49085  
Phone: (269) 983-8804