

BERRIEN COUNTY CANCER SERVICE NEWSLETTER

www.bccancerservice.org

In honor of the committed service of Olove Colcord, R.N.

THE MISSION OF THE BERRIEN COUNTY CANCER SERVICE:

To provide compassionate in home skilled nursing care
and supportive resources for those affected by cancer
or related illnesses



June 2016

(269) 429-3281

VOLUME XXIII

ISSUE VI

The **BERRIEN COUNTY CANCER SUPPORT GROUP** is a group for patients, family members and care givers. Come share successes, feelings, fears and practical methods of coping with the physical and emotional aspects of living with the diagnosis of cancer.

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A Father Just Like You

I just want to let you know,
You mean the world to me.
Only a heart as dear as yours,
Would give so unselfishly.

The many things you've done,
All the times that you were there,
Help me know deep down inside.
How much you really care.

Even though I might not say,
I appreciate all you do
Richly blessed in how I feel
Having a father just like you.



BCCS Bulletin Board

ART PLAY WORKSHOPS

We are excited to announce our new set schedule for Art Play Workshops between now and November.

- Every 2nd Monday of the month from 4:30-5:30 pm there is a clay session with Cathy Tapia.
- Every 2nd Thursday of the month from 5:30-7:00 pm there is a varied session with Art Therapist, Holly Garces at the Marie Yeager Cancer Center in conjunction with the Rainbows of Hope Cancer Support Group.

The schedule and the registration are in our website at www.bccancerservice.org. These art workshops are for children who are impacted by cancer and are designed to encourage expression of feelings. Our facebook page has fun-filled photos of the workshops – check it out at Berrien County Cancer Service, Inc. If you know of any children who have a family member or close friend with cancer (current or previously) or who is a stable pediatric cancer patient, please have the family call 269-429-3281 and speak with Renee' or Nancy regarding our Art Play Workshops.



PENNIES FOR PATIENTS – THE POWER OF A PENNY!



We had an eventful 27th Annual Pennies for Patients Day! It started off with Pat Moody familiar voice from 6:00 – 9:00 a.m. on WSJM radio giving penny facts and interviews from our Executive Director, Nancy Church; Board Member Mike Wyble; St. Joe Today Director Whitney; and BCCS Development Liaison Renee' Reid-Smith. Then all day long we were greeting many of you who came bearing wonderful gifts of pennies, nickels, dimes, quarters, dollars, and checks. We will have a final count in the July newsletter. What a wonderfully caring community we live in!

BIKE RIDE

We know that some of you have been asking about our Annual Bike Ride which we have had for 20 years. While the Bike Ride has been a lot of fun, we are sad to announce that we are discontinuing the Bike Ride Fundraiser. This has been a difficult decision with many variables to consider such as safety, oversaturation of bike ride and 5K fundraisers, lack of growth, and need for mission focus. In its place, we will be creating an art festival/gala fundraiser in the fall based on our therapeutic art program. We were excited about the community's response to our art festival last year and feel that we will be able to more clearly align our mission of caring with the art festival. If you are interested in being part of the planning committee for this art festival and new fundraiser, please call Nancy at 269-429-3281. We would love to have you join us in the planning phases to make this a success!

For those die hard cyclists who are anxious to ride, we want to make you aware of the Tour de Mitt, a Bike Ride for Hospice at Home. This ride is organized by Dawn Spoon, a long time registered nurse with Hospice at Home. It will take place July 8 through 16 along a 450-mile route through Michigan, from Mackinac City to St. Joseph. Biker riders of all levels are invited to join for all or part of the journey. You may visit www.lakelandhealth.org/hospice-at-home-cares/tour-de-mitt for more information.



Late Effects of Treatment for Childhood Cancer: (Key Points)

- Late effects are health problems that occur months or years after treatment has ended.
- Late effects in childhood cancer survivors affect the body and mind.
- There are three important factors that affect the risk of late effects.
- The chance of having late effects increases over time.
- Regular follow-up care is very important for survivors of childhood cancer.
- Good health habits are also important for survivors of childhood cancer.

Late effects are health problems that occur months or years after treatment has ended.

The treatment of cancer may cause health problems for childhood cancer survivors months or years after successful treatment has ended. Cancer treatments may harm the body's organs, tissues, or bones and cause health problems later in life. These health problems are called late effects. Treatments that may cause late effects include the following:

- Surgery.
- Chemotherapy.
- Radiation therapy.
- Stem cell transplant.

Doctors are studying the late effects caused by cancer treatment. They are working to improve cancer treatments and stop or lessen late effects. While most late effects are not life-threatening, they may cause serious problems that affect health and quality of life.

Late effects in childhood cancer survivors affect the body and mind.

- Organs, tissues, and body function.
- Growth and development.
- Mood, feelings, and actions.
- Thinking, learning, and memory.
- Social and psychological adjustment.
- Risk of second cancers.

There are three important factors that affect the risk of late effects.

Many childhood cancer survivors will have late effects. The risk of late effects depends on factors related to the tumor, treatment, and patient. These include :

- **Tumor-related factors**
 - Type of cancer.
 - Where the tumor is in the body.
 - How the tumor affects the way tissues and organs work.
- **Treatment-related factors**
 - Type of surgery.
 - Chemotherapy type, dose, and schedule.
 - Type of radiation therapy, part of the body treated, and dose.
 - Stem cell transplant.
 - Use of two or more types of treatment at the same time.
 - Blood product transfusion.
 - Chronic graft-versus-host disease.
- **Patient-related factors**
 - The child's gender.
 - Health problems the child had before being diagnosed with cancer.
 - The child's age and developmental stage when diagnosed and treated.
 - Length of time since diagnosis and treatment.
 - Changes in hormone levels.
 - The ability of healthy tissue affected by cancer treatment to repair itself.
 - Certain changes in the child's genes.
 - Family history of cancer or other conditions.
 - Health habits.

The chance of having late effects increases over time.

New treatments for childhood cancer have decreased the number of deaths from the primary cancer. Because childhood cancer survivors are living longer, they are having more late effects after cancer treatment. Survivors may not live as long as people who did not have cancer. The most common causes of death in childhood cancer survivors are:

- The primary cancer comes back.
- A second (different) primary cancer forms.
- Heart and lung damage.
- Studies of the causes of late effects have led to changes in treatment. This has improved the quality of life for cancer survivors and helps prevent illness and death from late effects.

In Loving Memory

During April 2016, Memorial Donations were generously made by and for the following people:

In Memory of Trudy (Gertrude) Berndt

Fred Appold, East Greenville PA

In Memory of Cloise Cummings

Robbie Cummings, Benton Harbor

In Memory of John McCarley

Janice Nemitz, St. Joseph

In Memory of David Resch

Janet Krantz, Montgomery AL

In Memory of Ellen Saurbier

Dolores & Jeanette Fester, Benton Harbor

In Memory of Kimberly Schewe

Darrell & Teresa Stevens, St. Joseph

Heather Grimes, Benton Harbor

Carolyn & D D Ott, St. Joseph

Marie Boettcher, St. Joseph

Michael & Cheryl Glaske, St. Joseph

Robert & Grace Neal, Stevensville

Cindy Clark, St. Joseph

Michael & Maryann Mierau, Stevensville

Prudy & Wyatt Vondran, Coloma

Larry & Karen Coffee, Stevensville

Marjorie Muirhead, Stevensville

Carol Burnell, Stevensville

In Memory Sharon Schmidt

Rick Wooley, Galien

Geraldine Wooley, Bridgman

Beverly Schmidt, St. Joseph

Ted Rita, LaPorte, IN (Hesston Steam Museum)

Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors. Your donations are very much appreciated and will help cancer patients in Berrien County. Thank you.

Thought for The Day

Not what we have, but what we use;
Not what we see, but what we choose---
These are the things that mar or bless
The sum of human happiness.

Clarence Urmy



Looking Ahead

BCCS SUPPORT GROUP – Stevensville

June 7 – 1:30 p.m.

July 5 – 1:30 p.m.

BCCS SUPPORT GROUP – Niles

June 21 – 1:30 p.m.

July 19 – 1:30 p.m.

RAINBOWS OF HOPE– St. Joseph

Marie Yeager Cancer Center

June 9 – 5:30 p.m.

July 14 - - 5:30 p.m.

Ostomy Support Group

Lakeland Regional Medical Center

June 9 – 6:00 p.m.

July 14 – 6:00 p.m.

DATES TO REMEMBER IN JUNE 2016

June 1 – Stand for Children Day

June 2 – Leave Office Early Day

June 5 – National Cancer Survivor's Day

June 8 - Upsy Daisy Day

June 11 – Corn on the Cob Day

June 14 – Flag Day

June 16 – Recess at Day

June 17 – Father's Day

June 19 – Husband Caregiver Day

June 23 – Public Service Day

June 26 – America's Kids Day

June 30 – NOW (National Organization For Women Day)

Newsletters available online

Our newsletters are available on our website:
www.bccancerservice.org. If you would like to be removed from this mailing list, please call our office at 269-429-3281 or send us an e-mail:
staff@bccancerservice.org.

Please Consider...

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by the United Way, private donations and fund-raisers. We receive no Medicare, Medicaid or other insurance payments. To continue our free services to Berrien County cancer patients, we need your help. Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget. Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed. Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

_____ General Fund _____ Endowment Fund

Your Name _____

Your Address _____

City/State/Zip _____

Donation Amount \$ _____

OR

In Memory of _____

Please send notification of my gift to:

Name _____

Address _____

City/State/Zip _____

**Thank you for your
generosity!**

Berrien County Cancer Service, Inc.
7301 Red Arrow Highway
Stevensville, MI 49127

RETURN SERVICE REQUESTED

JOIN THE NEWSLETTER VIA EMAIL

Help us save postage, call 269-429-3281
or email us at staff@bccancerservice.org.
If you are not reading the newsletter, you
may contact us to be removed also. We
value our readers & hope you enjoy it.

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Henrietta Hein (Newsletter)
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CANCER SUPPORT GROUP – Stevensville Office

1st Tuesday of each month - 1:30 p.m.

Berrien County Cancer Service, Inc.

7301 Red Arrow Highway

Stevensville, MI 49127

Phone: (269) 429-3281 or (269) 465-5257

RAINBOWS OF HOPE GROUP- St. Joseph

2nd Thursday of each month – 5:30 p.m.

Marie Yeager Cancer Center

Ward and Kinney Room

3900 Hollywood Road

St. Joseph, MI 49085

Phone: (269) 556-7114

CANCER SUPPORT GROUP – Niles

3rd Tuesday of each month – 1:30 p.m.

Niles Senior Center

1109 Bell Road

Niles, MI 49120

Phone: (269) 429-3281

OSTOMY SUPPORT GROUP

2nd Thursday of each month – 6:00 p.m.

Lakeland Regional Medical Center

Community Room

1234 Napier Ave.

St. Joseph, MI 49085

Phone: (269) 983-8804