

BERRIEN COUNTY CANCER SERVICE NEWSLETTER

www.bccancerservice.org

In honor of the committed service of Olove Colcord, R.N.

THE MISSION OF THE BERRIEN COUNTY CANCER SERVICE:

To provide compassionate in home skilled nursing care
and supportive resources for those affected by cancer
or related illnesses



November 2016

(269) 429-3281

VOLUME XXIII

ISSUE XI

The **BERRIEN COUNTY CANCER SUPPORT GROUP** is a group for patients, family members and care givers. Come share successes, feelings, fears and practical methods of coping with the physical and emotional aspects of living with the diagnosis of cancer.

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A Thanksgiving Day Prayer

“Faith of our Fathers” renew us again
And make us a nation of God-fearing men
Seeking Thy guidance, Thy love and Thy will,
For we are but Pilgrims in need of Thee still---
And, gather together on Thanksgiving Day,
May we lift up our hearts and our hands as we pray
To thank You for blessings we so little merit
And grant us Thy love and teach us to SHARE IT.

Helen Steiner Rice



BCCS Bulletin Board

BCCS ART FESTIVAL

On Thursday, November 10 from 5:30 – 7:30pm at the Box Factory for the Arts, please join us for an enjoyable evening strolling through the beautiful art objects that children have created while taking part in our “Art Play Workshops” this year. Come talk with the children and their families that have benefitted from this program about their experiences and art pieces along with our talented artists, volunteers, and staff. Here is a sneak preview of the evening excitement!



- ***Jenni Bush of Funny Face Face Painting will delight the children with her artistry***
- ***Jeff and Theresa Heaton, artists who currently have an exhibit called “Material Driven” at the Box Factory for the Arts through October 10. They are leading an interactive art project for children of all ages***
- ***Jon Krugh of Center Line Music - MC and providing background music***
- ***Jenny Miner of Water Street Glassworks will be demonstrating Cardea Beads***
- ***Holly Garces, Art Therapist will be leading an interactive art project for children***
- ***Bike Drawing courtesy of Mike Jones of Cycle and Fitness***

There will also be appetizers and music to make your evening enjoyable. “Art Play Workshops” are a Berrien County Cancer Service community based therapeutic art program for children ages 5-17 who have been impacted by cancer (family member, friend, self). Learn about and experience the benefits of art as a means of expressing feelings. A BIG “Thank you” to Jamie Bingaman for hosting the BCCS Art Festival. The Box Factory for the Arts is located at 1101 Broad Street, St. Joseph, MI. Come support the children and families of Berrien County. You may call us for more information at 269-429-3281 or check out our website at:

<http://www.bccancerservice.org/events/art-festival>

Christmas Sponsors Needed



Christmas giving is always a wonderful way to get into the Christmas spirit. We always have families who are in need of a little extra help at Christmas. If you would like to help by giving a contribution or sponsoring a family, please give us a call at the office: 269-429-3281.



Raffle Winners

Congratulations to Jerry Kohn for being the winner of the 50/50 (car) raffle! A BIG “THANK-YOU” to Brad LeValley of LeValley Chevrolet, Buick, GMC for sponsoring the car and to Santaniello’s Ristorante for hosting the drawing event.

Congratulations to Bonnie Szygielski for being the quilt winner at our Open House on October 6. Also many “THANK YOUs” to those who worked so hard to make the quilt possible.

Thank you to our generous community that enables us to continue our mission of caring for those with cancer in our community.

What Is Metastatic Cancer?

The main reason that cancer is so serious is its ability to spread in the body. Cancer cells can spread locally by moving into nearby normal tissue. Cancer can also spread regionally, to nearby lymph nodes, tissues, or organs. And it can spread to distant parts of the body. When this happens, it is called metastatic cancer. For many types of cancer, it is also called stage IV (four) cancer. The process by which cancer cells spread to other parts of the body is called metastasis.

When observed under a microscope and tested in other ways, metastatic cancer cells have features like that of the primary cancer and not like the cells in the place where the cancer is found. This is how doctors can tell that it is cancer that has spread from another part of the body.

Metastatic cancer has the same name as the primary cancer. For example, breast cancer that spreads to the lung is called metastatic breast cancer, not lung cancer. It is treated as stage IV breast cancer, not lung cancer.

Sometimes when people are diagnosed with metastatic cancer, doctors cannot tell where it started. This type of cancer is called cancer of unknown primary origin, or CUP.

When a new primary cancer occurs in a person with a history of cancer, it is known as a second primary cancer. Second primary cancers are rare. Most of the time, when someone who has had cancer has cancer again, it means the first primary cancer has returned.

How Cancer Spreads

Cancer cells spread through the body in a series of steps. These steps include:

1. Growing into or invading, nearby normal tissue.
2. Moving through the walls of nearby lymph nodes or blood vessels
3. Traveling through the lymphatic system and bloodstream to other parts of the body
4. Stopping in small blood vessels at a distant location, invading the blood vessel walls, and moving into the surrounding tissue
5. Growing in this tissue until a tiny tumor forms
6. Causing new blood vessels to grow, which creates a blood supply that allows the tumor to continue growing

Most of the time, spreading cancer cells die at some point in this process. But, as long as conditions are favorable for the cancer cells at every step, some of them are able to form new tumors in other parts of the body. Metastatic cancer cells can also remain inactive at a distant site for many years before they begin to grow again, if at all.

Where Cancer Spreads

Cancer can spread to most any part of the body, although different types of cancer are more likely to spread to certain areas than others. The most common sites where cancer spreads are the bone, liver, and lung. The following list shows the most common sites of metastasis, not including the lymph nodes, for some common cancers.

Common Sites of Metastasis

Cancer Type	Main Sites of Metastasis
Bladder	Bone, liver, lung
Breast	Bone, brain, liver, lung
Colon	Liver, lung, peritoneum
Kidney	Adrenal gland, bone, brain, liver, lung
Lung	Adrenal gland, bone, brain, liver, other lung
Melanoma	Bone, brain, liver, lung, skin, muscle
Ovary	Liver, lung, peritoneum
Pancreas	Liver, lung, peritoneum
Prostate	Adrenal gland, bone, liver, lung
Rectal	Liver, lung, peritoneum
Stomach	Liver, lung, peritoneum
Thyroid	Bone, liver, lung
Uterus	Bone, liver, lung, peritoneum, vagina

Symptoms of Metastatic Cancer

Metastatic cancer does not always cause symptoms. When symptoms do occur, their nature and frequency will depend on the size and location of the metastatic tumors. Some common signs of metastatic cancer include:

- Pain and fractures, when cancer has spread to the bone
- Headache, seizures, or dizziness, when cancer has spread to the brain
- Shortness of breath, when cancer has spread to the lung
- Jaundice or swelling in the belly, when cancer has spread to the liver.

In Loving Memory

During September 2016, Memorial Donations were generously made by and for the following people:

In Memory of Dr. Edward Dodge Atwood

James Pittman, St. Joseph

In Memory of Dr. Rodolfo Bacolor

Linda Korrell, Benton Harbor

Connie Demler, Baroda

Mark & Vicki Matthews, Plymouth, IN

Theresa Harris, Westborough, MA

Gretchen Peek, St. Joseph

Betty Koshy, St. Joseph

Perla Tolentino, Stevensville

Jim & Ann Miskovich, Munster, IN

Atanacio & Isabel Cristobal, St. Joseph

Drs. Raul & Linda Seballos, Seven Hills, OH

Nadine & Heinz Winkler, Hot Springs, AR

Elna Bevins, Bangor

Linda Berry, St. Joseph

Barbara Lane, Benton Harbor

Patricia & John Andersen, Wisconsin Dells WI

Sharon & Marvin Hainer, Coloma

Amy & Leonard White, St. Joseph

Kristin & John Proos IV, St. Joseph

Emmanuel & Kathryn Tendero, Grand Rapids

Gene & Roberta Maddock, St. Joseph

Dr. John & Barbara Carter, St. Joseph

Nancy Teutemacher, Cedar Lake, IN

In Memory of Gertrude Berndt

Loren Berndt, Bridgman

In Memory of Delores J. Drach

Loismarie Edinger, St. Joseph

In Memory of Beverly J. Faraone

Donald Richmond, St. Joseph

In Memory of Robert Fischer

Joy & Don Janke, Stevensville

In Memory Virginia Marschke

Jeanette Fester, Benton Harbor

In Memory of Steven Lugo Mireles

Jim & Joan Smith, St. Joseph

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Jim & Joan Smith, St. Joseph

In Memory of Thea Thomas

Bob Reed, St. Joseph

Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors. Your donations are very much appreciated and will help cancer patients in Berrien County. Thank you.



Thought for The Day

He who has little and says it is enough
Has more than he who has much
And wants more.

Please Consider...

Looking Ahead

BCCS SUPPORT GROUP – Stevensville

November 1 – 1:30 p.m.

December 6 – 1:30 p.m.

BCCS SUPPORT GROUP – Niles

November 15 – 1:30 p.m.

December 20 – 1:30 p.m.

RAINBOWS OF HOPE– St. Joseph

Marie Yeager Cancer Center

November 10 – 5:30 p.m.

December 8 – 5:30 p.m.

Ostomy Support Group

Lakeland Regional Medical Center

November 10 – 6:00 p.m.

December 8 – 6:00 p.m.

DATES TO REMEMBER IN NOVEMBER 2016

November 1 – National Family Caregiver Day

November 4 – National Chicken Lady Day

November 6 – Daylight Savings Time Ends

November 8 – Election Day

November 9 – World Freedom Day

November 11 -Red Lipstick Day

November 13 – World Kindness Day

November 14 – National Pickle Day

November 17 – Homemade Bread Day

November 19 – Rocky and Bullwinkle Day

November 23 – Dr. Who Day

November 24 – **Thanksgiving Day**

November 26 – World Day of giving

November 29 – Square Dance Day

November 30 – Rockefeller Christmas Tree Lighting

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by the United Way, private donations and fund-raisers. We receive no Medicare, Medicaid or other insurance payments. To continue our free services to Berrien County cancer patients, we need your help. Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget. Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed. Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

_____ General Fund _____ Endowment Fund

Your Name _____

Your Address _____

City/State/Zip _____

Donation Amount \$ _____

OR

In Memory of _____

Please send notification of my gift to:

Name _____

Address _____

City/State/Zip _____

**Thank you for your
generosity!**

Newsletters available online

Our newsletters are available on our website:
www.bccancerservice.org. If you would like to be removed from this mailing list, please call our office at 269-429-3281 or send us an e-mail:
staff@bccancerservice.org.

Berrien County Cancer Service, Inc.
7301 Red Arrow Highway
Stevensville, MI 49127

RETURN SERVICE REQUESTED

JOIN THE NEWSLETTER VIA EMAIL

Help us save postage, call 269-429-3281
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If you are not reading the newsletter, you
may contact us to be removed also. We
value our readers & hope you enjoy it.

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Julie Koch (Accountant)
Henrietta Hein (Newsletter)
Reneé Reid-Smith (Community Liaison)

CANCER SUPPORT GROUP – Stevensville Office

1st Tuesday of each month - 1:30 p.m.

Berrien County Cancer Service, Inc.

7301 Red Arrow Highway
Stevensville, MI 49127
Phone: (269) 429-3281 or (269) 465-5257

RAINBOWS OF HOPE GROUP- St. Joseph

2nd Thursday of each month – 5:30 p.m.

Marie Yeager Cancer Center

Ward and Kinney Room
3900 Hollywood Road
St. Joseph, MI 49085
Phone: (269) 556-7114

CANCER SUPPORT GROUP – Niles

3rd Tuesday of each month – 1:30 p.m.

Niles Senior Center

1109 Bell Road
Niles, MI 49120
Phone: (269) 429-3281

OSTOMY SUPPORT GROUP

2nd Thursday of each month – 6:00 p.m.

Lakeland Regional Medical Center

Community Room
1234 Napier Ave.
St. Joseph, MI 49085
Phone: (269) 983-8804