

**February 2020**

**VOLUME XXVII**

**ISSUE II**

3900 Hollywood Road, St. Joseph, MI 49085 www.bccancerservice.org 269.429.3281 staff@bccancerservice.org

**In honor of the committed service of Olove Colcord, R.N.**

**Newsletter**

**THE MISSION OF THE BERRIEN COUNTY CANCER SERVICE:**

To provide compassionate in home skilled nursing care and supportive resources for those

affected by cancer or related illnesses in Southwest Michigan.

The **BERRIEN COUNTY CANCER SERVICE SUPPORT GROUP** is a group of patients, family members and caregivers.  Come share successes, feelings, fears and practical methods of coping

with the physical and emotional aspects of living with the diagnosis of cancer.

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**This is My Wish for You**

Comfort on difficult days

Smiles when sadness intrudes

Rainbows to follow the clouds

Laughter to kiss your lips

Sunset to warm your heart

Hugs when spirits sag

Beauty for eyes to see

Friendship to brighten your being

Faith so that you can believe

Confidence for when you doubt

Courage to know yourself

Patience to accept the truth

Love to complete your life

**PENNIES FOR PATIENTS DATE ANNOUNCED!!**

May 14th 2020 is the new Pennies For Patients Date! Start collecting and stay tuned for details!!!

**THANK YOU FOR SUPPORTING OUR MISSION**

It is YOU our community that enables us to care for those with cancer and related illnesses in our community. We are grateful for all the support and are honored that you trust us to do our best to provide in home skilled nursing care for our patients and those who need our assistance. **A special Thank You to Van's Medical Equipment for picking up, cleaning and delivering our durable medical equipment as a courtesy to BCCS in support of our community!**



**BCCS Bulletin Board**

**SAVE THE DATES!!!**

***PENNIES FOR PATIENTS***

*May 14th 2020!*

**Recent Star Givers Include:**

Todd and Elizabeth Christy

St. Joseph, MI

Dieter & Agathe Krueger

Stevensville, MI



**Patient Remarks**

**“The lady at BCCS in Stevensville was so compassionate, kind and helpful. Thank you for all you do for this community!”**

**DID YOU KNOW…**

**That we love sharing from our loan closet** and want to be able to have the items that are needed. Here are the current needs that we have for the loan closet:

* + Shower Chairs with backs
  + Stylish turbans
  + Nutrition such as Ensure® or Boost®
  + Small and Large incontinence underwear
  + Wig supplies (shampoo and conditioner)



**Let it Snow, Let it Snow, Let it Snow!**

BCCS may be closed for snow days during inclement weather. So, if it is snowing, please call us at 269-429-3281 prior to coming to the BCCS office to make sure that we are open. On the days that the office is closed, the answering machine will be checked periodically. If you have a medical emergency, please call 911. The nurses will still be visiting patients unless the roads are hazardous. Often the nurses will make patient visits a day early if they know that a snow storm is coming.

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Milano’s Pizza in

**Be Counted for Berrien’s Fair Share**

The U.S. Census Bureau counts each resident every 10 years and 2020 is the year. The Census count is used to get Berrien County’s fair share of federal funds. It’s vital that every one of us be counted. Census-based funding is used for roads, bridges, education, school lunches, Head Start, children’s health insurance, and**many more**programs.

The Official count day is April 1, 2020. The Census form is short, only 9 questions. It will ask your name, gender, age, birthday, race, ethnicity, phone number, relationship to head-of-household, and owner or renter. By law, individual-level Census information cannot and will not be shared with any agency - not the IRS, sheriff, courts, ICE, DHHS - not anyone, including a landlord.

Based on Census projections, Berrien County is at risk of losing over $44 million per year for 10 years … that’s $440 million due to residents who do not complete the Census form.

What can you do? Talk about the Census with your friends, neighbors and colleagues. **Everyone Counts.** For more information, go to **BeCountedBerrien.org**

**February is World Cancer**

**Awareness Month**

World Cancer Day is an international day marked on February 4th to raise awareness of cancer and to encourage its prevention, detection, and treatment. Hearing that you have cancer changes your life and the lives of those around you.   
 Millions of Americans alive today have a history of cancer. For them, cancer has become a chronic on-going health problem, like high blood pressure or diabetes.  
 If you have cancer, you may notice every ache, pain or sign of illness. Even little aches may make you worry. Its important to focus on living. Try to make the most of each day while living with cancer and its treatment. People respond to cancer in many ways.  
 Learning you have cancer can come as a shock. For many people, the first few weeks after diagnosis are very hard. People with cancer and those close to them experience a wide range of feelings and emotions. These feelings can change often and without warning. At times, you may: be angry, afraid, or worried, feel out of control, be sad guilty or lonely.

**Denial** – When you were first diagnosed, you may have had trouble believing or accepting the fact that you have cancer. Usually by the time treatment begins, most people accept the fact that they have cancer.  
**Anger** – Anger sometimes comes from feelings that are hard to show. Such as fear, panic, frustration, anxiety, or helplessness.  
**Fear and worry** – The word “cancer” frightens everyone. It’s a diagnosis that most people fear more than any other.  
**Pain** – The most important thing to remember is that to control your pain, you have to talk honestly with your doctor about it. When it comes to pain, there is no right or wrong answer.  
**Control and self-esteem** – Even though you may feel out of control, there are ways you can be in charge.  
**Sadness and depression** – Sadness is a normal response to any serious illness. Depression is sometimes a serious problem.  
**Loneliness** – You may feel less lonely when you meet other people who have cancer when you join a support group. Some people prefer to talk with just one person at a time.

**Hope** – Once people accept that they have cancer, they often feel a sense of hope.

You will have many feelings as you learn to live with cancer. These feelings can change from day to day, hour to hour, or even minute to minute.

Feelings of denial, anger, fear, stress and anxiety, depression, sadness, guilt, and loneliness are all normal. So is a feeling of hope. While no one is cheerful all the time, hope is a normal and positive part of your cancer experience.

Although annual (every year) screening should not be done, women who have abnormal screening results may need to have a follow-up Pap test done at 6 or 12 months.  
  
The American Cancer Society guidelines for early detection of cervical cancer do not apply to women who have been diagnosed with cervical cancer, cervical pre-cancer, or HIV infection. These women should have follow-up testing and cervical cancer screening as recommended by their health care team. *Adapted from cancer.org*



**ART PLAY WORKSHOPS**

**Please note Art Play Workshops are back!**

Dates and locations are as follows:

**Buchanan Art Center**

**February 10th from 4:30-5:30 pm**

**Krasl Art Center**

**February 20th from 4:30-6:00 pm**

These workshops are designed for families impacted by cancer and are designed for children and adults to learn side-by-side as they use clay, watercolor, and other media to express themselves through art. If you know of any children who have a family member or close friend with cancer or are a stable pediatric cancer patient, please have them call 269-429-3281 and ask for Nancy regarding these workshops. You can also find out more information on our website www.bccancerservice.org or on our FB page: Berrien County Cancer Service, Inc.

**In Memory of Bonnie Kurbis**

Robert Bouchickas, St. Joseph

Mick Klug, Berrien Springs

Starks Family Funeral Homes, St. Joseph

Barbara Shafer, Stevensville

Bernice Tretheway, Stevensville

**In Memory of Don Lane**

Barbara Lane, Benton Harbor

**In Memory of Scott Ross**

Sandra Jewell, St. Joseph

**In Memory of Lauretta Titman**

Kathy Buck and Kevin Preloger, Chicago IL

**In Memory of William Whitfield**

Jeanette & Dolores Fester, Benton Harbor

Sharon Kallin, Niles

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**In Loving Memory**

**Memorial Donations were generously**

**made by and for the following:**



**In Memory of Adam Tilly**

Rebecca Eichler Toth, St. Joseph

**In Memory of Dale Kugle**

Paulette, Thomas Johnson, Morrice

Jonathan Jaloszynski, St. Joseph

**In Memory of Bruce Temple**

Ann Temple, Elyria, OH

**In Memory of Sylvia Hinrichs**

Bruno and Edith Nickel, St. Joseph

Agathe and Bruno Lehmann, St. Joseph

Gary and Linda Weber, Stevensville

Ernst and Helga Oelke, Stevensville

Duane and Diane McLaughlin, Berrien Springs

Steven Hyjek, Fairfax Station, VA

James Thompson, Fremont

**In Memory of Donald DeFreez, Jr.**

Diana and Philip Masten, Niles

**In Memory of Vanderhoof**

Harriet Israel, Naples, FL

**In Memory of Janey Waterhouse**

Kenneth and Phyllis Tillman, Chelsea

Charlotte Wenham, St. Joseph

Patricia and James Dayton, Granger, IN

Marilyn Doolittle, Niles

June Rollinger, St. Joseph

William and Annette Friedson, Solon, OH

Gay Curtis-Lusher, Denver, CO

Deb Rodriguez, Chicago, IL

Berrien County Cancer Service sends our sincere sympathy to all those who have

recently lost loved ones. We thank all of our generous donors. Your donations are very much

appreciated and will help cancer patients in Berrien County.  Thank you.

**Looking Ahead...**

**Please Consider…**

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by United Way, private donations and fund-raisers.  We receive no Medicare, Medicaid or other insurance payments.  To continue our free services to Berrien County cancer patients, we need your help.  Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget.  Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed.  Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one.  In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

\_\_\_\_ General Fund   \_\_\_\_ Endowment Fund

Your Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City/State/Zip\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Donation Amount $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**OR**

In Memory of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please send notification of my gift to:

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City/State/Zip\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Thank you for your**

**generosity!**

**Looking Ahead**

**BCCS SUPPORT GROUP – St. Joseph  
Marie Yeager Cancer Center  
3900 Hollywood Road**

**February 11 – 2:30 pm**

**March 10 – 2:30 pm**

**BCCS SUPPORT GROUP – Niles  
Greater Niles Senior Center  
1109 Bell Road**

February 18 – 1:30 pm

March 17 – 1:30 pm

**CHILD & FAMILY SUPPORT GROUP**

**Art Play Workshop**

**Buchanan Art Center**

February 10th from 4:30-5:30 pm

**Krasl Art Center**

February 20th from 4:30-6:00 pm

Visit [www.bccancerservice.org](http://www.bccancerservice.org) or call

BCCS at 269-429-3281 for details

**OSTOMY SUPPORT GROUP**

Lakeland Regional Medical Center

February 13 – 6:00 pm

March 12 – 6:00 pm

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**DATES TO REMEMBER IN FEBRUARY**

February 1 – Ice Cream for Breakfast

February 3 – Feed the Birds Day

February 4 – World Cancer Day

February 7 Give Kids a Smile Day

February 9 – Autism Sunday

February 12 – Lincoln’s Birthday

February 14 – Valentine’s Day

February 17 – Random Act of Kindness Day

February 21 National Caregivers Day

February 22 – George Washington’s Birthday

February 25 – Rubber Duck Day

February 28 – National Tooth Fairy Day

February 29 – Leap year Day!

**Newsletters available online**

Our newsletters are available on our website: [www.bccancerservice.org](http://www.bccancerservice.org).  If you would like to be removed from this mailing list, please call our office at 269-429-3281 or send us an e-mail: [staff@bccancerservice.org](mailto:staff@bccancerservice.org).

Berrien County Cancer Service, Inc.

**JOIN THE NEWSLETTER VIA EMAIL**

Help us save postage, call 269-429-3281 or email [staff@bccancerservice.org](mailto:staff@bccancerservice.org). If you are not reading the newsletter, you may contact us to be removed also. We value our readers and hope you enjoy it.

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St. Joseph, MI 49085

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Nancy Church, R.N., President/CEO Kimberly McCoy, Patient Care Coordinator

Connie Demler, R.N. Suzanne Arent, Administration Assistant

Debra Hansen, R.N. Henrietta Hein, Office Assistant

Sarah Stathakis, Office Assistant

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\*Indicates Emeritus Memebers

**CANCER SUPPORT GROUP - St. Joseph** **OSTOMY SUPPORT GROUP**

2nd Tuesday of each month 2:30 p.m. 2nd Thursday of each month – 6:00 p.m.

Marie Yeager Cancer Center Second Floor Spectrum Health Lakeland Regional Medical Center

3900 Hollywood Road Community Room

St. Joseph, MI 49085 1234 Napier Ave.

Phone: (269) 429-3281 St. Joseph, MI 49085

Phone: (269) 983-8804

**CANCER SUPPORT GROUP – Niles**

3rd Tuesday of each month – 1:30 p.m.

Greater Niles Senior Center

1109 Bell Road

Niles, MI 49120

**Printing Courtesy of Lakeland Community Benefit**

Phone: (269) 429-3281